



**OUR LADY OF PERPETUAL HELP
NOVENA**

**Every Monday
After
5:45 P.M. Mass
Holy Angels Church
107 San Pedro Road
Colma/Daly City**



IMMACULATE MARY



Immaculate Mary,
Your praises we sing.
Who reigns now with Christ,
Our Redeemer and King.

Ave, Ave, Ave, Maria!

Ave, Ave, Ave, Maria!

In heaven the blessed
Your glory proclaim.
On earth we, your children,
Invoke your fair name.

Ave, Ave, Ave, Maria!

Ave, Ave, Ave, Maria!

**NOVENA PRAYER
IN HONOR
OF
OUR LADY OF
PERPETUAL HELP**

**Opening Hymn
(Please KNEEL)**

O Salutaris



O salutaris Hostia
Quae caeli pandis ostium;
Bella premunt hostilia,
Da robur, fer auxilium.

Uni trinoque Domino
Sit sempiterna gloria,
Qui vitam sine termino
Nobis donet in patria, Amen



ALL: † In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

LEADER: Brothers and sisters, as children of our Blessed Mother, we are gathered before her miraculous image to honor her and to pray for all our needs.

ALL: Merciful Father*you sent your Divine Son* to redeem us by his death and resurrection* and to give us new life. By this you make us your children* to love one another in Christ. How many times in the past* we have forgotten this sublime dignity. We have sinned against our brothers and sisters;* we have offended you. Merciful Father, forgive us. Repenting sincerely of our sins we ask your mercy* may we always live as your truly devoted children.

LEADER: Most holy and Immaculate Virgin and our Mother Mary, you are our Perpetual Help, our refuge and our hope.

ALL: We come to you today* We thank God for the graces received through your intercession. Mother of Perpetual Help, we promise to love you always and to do all we can to lead others to you.

LEADER: Mother of Perpetual Help, confident of your powerful influence with God, obtain for us these graces.

ALL: The strength to overcome temptation,* a perfect love for Jesus Christ,* and a holy death* so that we will live with you and your Son for all eternity.

LEADER: Let us pray as a community of faith. Mary, all generations have called you blessed, and the Almighty has done great things for you.

ALL: Mother of Perpetual Help,* we call upon your most powerful name*Your very name inspires confidence and hope.* May it always be on our lips, * especially in time of temptation* and at the hour of our death. Blessed Lady, help us whenever we call on you,* Let us not be content with merely pronouncing your name,*may our daily lives proclaim * that you are our Mother and our Perpetual Help.

LEADER: Let us pray for our temporal wants:

ALL: Mother of Perpetual Help, * with the greatest confidence we kneel before you, * We implore your help in the problems of our daily lives. * Trials and sorrows often depress us;* misfortunes and privations bring misery into our lives, * everywhere we meet the cross.*Comforter of the afflicted * beg your Son Jesus,* to strengthen us as we bear our burdens * and to free us from our sufferings.*Or if it be the will of God * that we should suffer still longer, *help us endure all with love and patience.* May we follow the example of your Son,*and through him * with him, *and in him,*we commend ourselves to the care of our Heavenly Father.

Hymn (Please Stand)

OLPH SONG - A LADY WHO WEARS BLUE AND GOLD

(Lyrics/Melody: Beth Nisperos w/modifications)



She is our queen of heaven and earth
Born without sin our model of Faith.
Always our friend the prophets have told.
She is our Lady who wears blue and gold.

Our Mother so dear no word can compare.
Let's give her our trust by doing our prayer
The story's been told of a legend so old.
She is our Lady who wears blue and gold.

Refrain:

O Lady in blue, O Lady in gold
Keep us all warm when we feel so cold.
O Lady so pure, O lady so fair,
Send us your help when down in despair.

O Mother in blue, please carry the shoe
Of the Babe in your arms whose love is so true
O Mother in gold you love young and old
O Mother our Lady your heart's like a gold.

See how her face cares for our race
She has a heart so full of grace
See how her hands help every friend.
She is our Mother of love without end.

Refrain:

O Mother in gold, O Mother in blue
Make all our hopes our faith ever true
O Mother so fine, O Mother of mine
Show us your son's love and him we shall find.

LEADER: Let us now present our petitions and our thanks.
*Lord Jesus Christ, at a word from Mary your Mother, you
changed water into wine at Cana of Galilee. Listen now to the
People of God gathered here to honor Our Mother of
Perpetual Help.

Grant our petitions and accept our sincere thanks.

*Grant wisdom and guidance to our Holy Father, Pope **Francis I**, our Bishop, priests, and all the leaders of our nation, state and community.

ALL: Hear us, Lord, through Mary our Mother.

LEADER: Grant peace and unity throughout the world, especially in our homes and families.

ALL: Hear us, Lord, through Mary our Mother.

LEADER: Grant that young people respond generously to the call of the Holy Spirit in deepening their faith and choosing their vocation in life.

ALL: Hear us, Lord, through Mary our Mother.

LEADER: Grant us continued health of mind and body, and help the sick, to regain their health according to your Holy will.

ALL: Hear us, Lord, through Mary our Mother.

LEADER: Grant eternal rest to all our deceased, and to the souls of all the faithful departed.

ALL: Hear us, Lord, through Mary our Mother.

LEADER: Let us pause now to silently present our petitions to Our Mother of Perpetual Help.

PAUSE

ACT OF THANKSGIVING

LEADER: Lord, accept our thanks for the new life of grace you gave us.

ALL: We thank you, Lord, through Mary our Mother.

LEADER: Accept our thanks for all the graces received through the sacramental life of the Church.

ALL: We thank you, Lord, through Mary our Mother.

LEADER: Accept our thanks for the spiritual and material blessings we have received.

ALL: We thank you, Lord, through Mary our Mother.

LEADER: Let us pause now to silently thank Our Mother of Perpetual Help for our favors received.

PAUSE

ALL: O Mother of Perpetual Help * with grateful hearts we join you in thanking God * for all the wonderful things, He has done for us. O God our Creator * we thank you for the gift of life * and all gifts of nature; * our senses and faculties, * our talents and abilities. * We thank you for creating us in your image and likeness * and for giving us this earth * to use and develop * to rule and control * Despite our failures * You continue to show your love for us today * by increasing

the life of your Spirit in us * at the Eucharistic table.

Finally, we thank you, loving Father * for giving us Mary* the Mother of your Son * to be Our Mother of Perpetual Help. * We are grateful for all the favor * we have received through her intercession * We pray that those past favors * may inspire us to greater confidence in your loving mercy * and to seek the aid of our Mother of Perpetual Help.

Hymn
HAIL HOLY QUEEN



Hail, holy Queen enthroned above, O Maria
Hail, Mother of Mercy and of love, O Maria

Triumph, all ye Cherubim
Sing with us, ye Seraphim
Heav'n and earth resound the hymn
Salve, salve, salve Regina.

Our life our sweetness here below O Maria
Our hope in sorrow and in woe, O Maria

LEADER: Please **KNEEL** as we pray for the sick.

ALL: Lord, look upon you're servants * laboring under bodily weakness. * Cherish and revive the souls * which you have created * so that, purified by their sufferings * they may soon find themselves healed by your mercy. * We ask this through Christ our Lord. **AMEN.**

LEADER: Let us renew our confidence in Mary as our Mother of Perpetual help.

ALL: Mother of Perpetual Help, * you have been blessed and favored by God. * You became not only the Mother of the Redeemer, * but the Mother of the redeemed as well. * We come to you today as your loving children. * Watch over us and take care of us. * As you have held the child Jesus in your loving arms, * so take us in your arms. * Be a mother ready at every moment to help us. * For God who is mighty * has done great things for you, * and his mercy is from age to age * on those who love Him.* Our greatest fear is that in time of temptation * we may fail to call out to you and become lost children * intercede for us dear Mother * in obtaining pardon for our sins * love for Jesus, final perseverance,* and the grace always to call upon you,* Mother of Perpetual Help.

(The following Act of Consecration is to be said the first week of the month.)

LEADER: Let us renew our Act of Consecration.

ALL: Immaculate Heart of Mary * Queen of heaven and earth * tender Mother of men * in accordance with your ardent wish * made known at Fatima * we dedicate to you ourselves * our country * and the whole human race. Reign over us * and teach us dearest Mother * that we may be yours in prosperity and in adversity * in joy and in sorrow * in health and in sickness*in life and in death. O most compassionate heart of Mary * Queen of Virgins * watch over our minds and hearts * and preserve them from the

deluge of impurity * which you lamented so sorrowfully at Fatima. We want to be pure like you. We want to atone * for the many crimes * committed against Jesus and you. We want to call down upon our country * and the whole human race the peace of God in justice and charity. Therefore * we now promise to imitate your virtues * by the practice of a Christian life * without regard to human respect. We promise to renew this dedication once a month*and to frequently receive the sacraments, * and to offer you five decades of the Rosary each day * together with our sacrifices*in the spirit of reparation and penance. **AMEN.**

Hymn (Please Stand)
MARY IMMACULATE



Mary Immaculate, Star of the Morning
Chosen before the creation began
Destined to bring
Through the light of your dawning,
Conquest of Satan and rescue to man.

Bend from your throne
At the voice of our crying
Look to this earth
Where your footsteps have trod
Stretch out your arms to us living and dying
Mary Immaculate, Mother of God.

We sinners honor your sinless perfection
Fallen and weak, for God's mercy we plead
Grant us the shield of your mighty protection
Measure your aid by the depth of our need.

PRAYER TO MARY FOR VOCATIONS

ALL: O Virgin Mary,* Mother of Jesus and Mother of the Church,* to you we commend our young people,* in particular those called to closely follow your son.* You know the difficulties,* the struggles, * the obstacles they must face.* Assist them to answer “yes” to your divine call,* as you did at the invitation of the angel.* Draw them near to your heart * so that they can understand the beauty * and the joy that awaits them* when the Lord Jesus calls them into His intimacy, * to be witnesses of His love in the world. **AMEN.**

THE MEMORARE

ALL: Remember, O most gracious Virgin Mary that never was it known that anyone who fled to your protection, implored your help and sought your intercession, was left unaided. Inspired with this confidence, we hasten to you. O Virgin of virgins, our Mother. To you, we come, before you we stand, sinful and sorrowful. O mother of the word Incarnate, do not despise our petition, but in your mercy hear and answer us. **AMEN.**

LEADER: Let us now unite with the Christians of all ages in praising Mary and in committing ourselves to her powerful protection.

ALL: Hail Mary, full of grace, the Lord is with thee, Blessed art thou amongst women and the Blessed is the fruit of thy womb Jesus.

Holy Mary Mother of God, pray for us sinners, now and at the hour of our death. **Amen,**

LEADER: Pray for us, O holy Mother of God.

ALL: That we may become worthy of the promises of Christ

LEADER: Let us pray, Lord Jesus Christ, who gave us your Mother Mary, whose image we venerate, as a mother ready at every moment to help us; grant, we beg you, that we who call on her help may always enjoy the fruit of your redemption. This we ask through you who live and reign forever.

ALL: AMEN

**TANTUM ERGO
(Pleased KNEEL)**

**Tantum ergo. Sacramentum
Veneremur cernui
Et antiquum documentum
Novo cedat ritui
Praesti fides supplementum,
Sensuum defectui**

**Genitori Genitoque
Laus et jubilatio,
Salus, honor, virtus quoque
Sit et benedictio;
Procedenti ab utroque
Compar sit laudatio. Amen**



V. Panem de coelo praestetisti eis...
R. Omne delectamentum in se habentem

Oremus: Deus, qui nobis sub sacramento mirabili, passionis tuae memoriam reliquisti: tribue, quaesemus ita nos corporis et sanguinis tui sacra mysteria venerari, ut redemptionis tuae fructum in nobis iugiter sentiamus. Qui vivis et regnas in saecula saeculorum. AMEN.

(Only with a Priest or Deacon)
Lord Jesus Christ You give us the Eucharist as the memorial of your suffering and death. May our worship of this sacrament of your body and blood help us to experience the salvation you won for us and the peace of the kingdom where you live with the Father and the Holy Spirit, one God forever and ever. AMEN

THE DIVINE PRAISES

Blessed be God
Blessed be his Holy Name,
Blessed be Jesus Christ, true God and true Man,
Blessed be the Name of Jesus.
Blessed his most Sacred Heart.
Blessed his most Precious Blood.
Blessed be Jesus in the most Holy Sacrament of the Altar.
Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God, Mary most Holy.
Blessed her holy and Immaculate Conception.
Blessed her Glorious Assumption
Blessed be the name of Mary, Virgin and Mother.
Blessed be St. Joseph her most chaste spouse.
Blessed be God in His angels and in His Saints.

O Sacrament Most Holy



O Sacrament most Holy
O Sacrament Devine
All praise and all thanksgiving
Be every moment thine

Closing Hymn

MOTHER OF CHRIST



I

Mother of Christ, Mother of Christ
What shall I ask of thee?
I do not sigh for the wealth of earth
For the joys that fade and flee
But, Mother of Christ, Mother of Christ
This do I long to see
The bliss untold, which thine arms enfold
The treasure upon thy knee.

II

Mother of Christ, Mother of Christ
He was all in all to thee
In Bethlehem's cave in Nazareth's home
In the hamlets of Galilee
So, Mother of Christ, Mother of Christ
He will not say nay to thee
When He lifts His face to thy sweet embrace
Speak to Him Mother of me.

III

Mother of Christ, Mother of Christ
I toss on a stormy sea
Oh, lift thy Child as a beacon-light
To the port where I feign would be
Then. Mother of Christ, Mother of Christ

This do I ask of thee
When the voyage is o'er,
O stand on the shore
And show Him at last to me

DIOS TE SALVE MARIA



Dios te salve Maria, Llena eres de gracia
El señores contigo bendita tú eres
Entre todas las mujeres y bendito es el fruto,
Y bendito es el fruto, de tu vientre Jesus

Santa Maria Madre de Dios,
Ruega por nosotros
Pecadores ahora y en la hora de nuestra
muerte. Amen, Jesus.

BRING FLOWERS OF THE RAREST



Bring flow'rs of the fairest,
Bring flow'rs of the rarest,
From garden and woodland
and hillside and vale;
Our full hearts are swelling,
our glad voices telling.
The praise of the loveliest Rose of the vale.

Chorus

O Mary! we crown thee with blossoms today,
Queen of the Angels, Queen of the May,
O Mary we crown thee with blossoms today,
Queen of the Angels, Queen of the May.

Our voices ascending, in harmony blending,
Oh! Thus may our hearts turn
dear Mother, to thee;
Oh! thus shall we prove thee;
How truly we love thee,
How dark without Mary life's journey would be.

Chorus

Holy God



Holy God, we praise thy name;
Lord of all, we bow before thee;
All on earth thy scepter claim;
All in heaven above adore thee.
Infinite thy vast domain,
Everlasting is thy reign!

Hark the loud celestial hymn;
Angels choirs above are raising;
Cherubim and Seraphim,
In unceasing chorus praising,
Fill the heavens with sweet accord:
Holy, holy, holy Lord!

The Prayer to Holy Angels

Priest: Let us together pray-

All together: Bless the Lord, all you His angels. You who are mighty in strength and do His will, intercede for me at the throne of God. By your unceasing watchfulness protect me in every danger of soul and body. Obtain for me the grace of final perseverance, so that after this life I may be admitted to your glorious company and with you may sing the praises of God for all eternity.

All you holy angels and archangels, thrones and dominations, principalities and powers and virtues of heaven, cherubim and seraphim, and especially you, my dear guardian angel, intercede for me and obtain for me the special favor I now ask {*mention your petition*}.

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now and ever shall be. **Amen**

Litany of the Holy Angels

Priest	Parishioners
<i>Holy Angels, Witnesses of all our actions</i>	<i>Purify us</i>
<i>Holy Angels Our Helper</i>	<i>Sustain Us</i>
<i>Holy Angels, Vigilant Guardians</i>	<i>Help Us</i>
<i>Holy Angels, Our Intercessors</i>	<i>Speak for Us</i>
<i>Holy Angels, Our Guide</i>	<i>Direct Us</i>
<i>Holy Angels, Our Light</i>	<i>Enlighten Us</i>
<i>Holy Angels, Our Counselors</i>	<i>Inspire Us</i>
<i>Holy Angels, Our Defender</i>	<i>Protect Us</i>
<i>Holy Angels, Our Faithful Friend</i>	<i>Pray for Us</i>
<i>Holy Angels, Our Consolers</i>	<i>Strengthen Us</i>
<i>Holy Angels, Our Brothers</i>	<i>Be Always near Us</i>
<i>Holy Angels, Our Masters</i>	<i>Teach Us</i>

Priest: Let us now join all the host of angels to adore and glorify God...

All together: *Holy, Holy, Holy, Lord, God of Hosts, Heaven and Earth are full of Your Glory. Amen*



*Pray the Rosary Daily,
Pray for Sinners, Many Souls go to Hell because of Sin*

